

**Monday 2 June**

Chair: Rolf Fronczek

10.00	Introduction: Why we sleep?		Rolf Fronczek
10.30	Neurological control of sleep		Ysbrand van der Werf
<b>11.00</b>	<b>Break</b>		
11:30	Homeostatic and circadian control of sleep		Marijke Gordijn
12:00	Sleep across age and gender		Annemarie Luik
<b>12.30</b>	<b>Lunch</b>		
<b>14.00</b>	<b>15.00</b>	<b>16.00</b>	<b>Workshop: (45 min + 15 minutes break/turn around)</b>
A	B	C	When and how to study sleep Laurien Teunissen      Sebastiaan Overeem
B	C	A	Taking a sleep history in adults and children Iris Knottnerus      Arthur Kurvers
C	A	B	Scoring sleep Irma van Velzen      José Vis
<b>17.00</b>	<b>Welcome Reception</b>		
<b>19.00</b>	<b>Dinner at De Ruwenberg</b>		

**Tuesday 3 June**

Chair: Jerryll Asin

09.00	Patho physiology of respiration during sleep		Joost van den Aardweg
09.30	Clinical spectrum and diagnosis of SBD		Dirk Pevernagie
10:00	Central sleep apnea		Dries Testelmans
<b>10.30</b>	<b>Break</b>		
11.00	SBD and co-morbidities		Johan Verbraecken
11.30	Sleep apnea in children		Stijn Verhulst
<b>12.00</b>	<b>Lunch</b>		
<b>13.30</b>	<b>14.30</b>	<b>15.30</b>	<b>Workshop: (45 min + 15 minutes break/turn around)</b>
A	B	C	CSAS treatment with stepped care Hennie Janssen      Johan Verbraecken
B	C	A	Non-CPAP treatment OSA in clinical practice Peter van Maanen      Manu Sastry
C	A	B	Principals end practical aspects of PAP treatment in OSA Stephan van der Kleij      Jerryll Asin
<b>19.00</b>	<b>Dinner at Kasteel Maurick</b>		

**Wednesday 4 June**

Chair: Sebastiaan Overeem

09.30	Insomnia disorder and co-morbid insomnia		Rachel Sharman
10.00	Circadian Rhythms Disorders		Floor van Oosterhout
10:30	Insomnia and circadian disorders in children		Nicole Wolters
<b>11.00</b>	<b>Break</b>		
11.30	Central Disorders of Hypersomnolence		Gert Jan Lammers
12.00	RLS/PLMS		Angelique Pijpers
<b>12.30</b>	<b>Lunch</b>		
<b>14.00</b>	<b>15.00</b>	<b>16.00</b>	<b>Workshop: (45 min + 15 minutes break/turn around)</b>
A	B	C	Treatment of RLS/PLMS Roselyne Rijsman      Angelique Pijpers
B	C	A	Treatment of insomnia in adults and children Ingrid Verbeek      Nicole Wolters
C	A	B	Treatment of hypersomnia Gert Jan Lammers      Rolf Fronczek
<b>19.00</b>	<b>Dinner at De Ruwenberg</b>		

**Thursday 5 June**

Chair: Iris Knottnerus

09.00	REM parasomnia		Paul Reading
09.30	Non REM parasomnia		Sebastiaan Overeem
10.00	Neurology and sleep		Paul Reading
<b>10.30</b>	<b>Break</b>		
11.00	Psychiatry and sleep		Marieke Lancel
11.30	Quiz & Closing remarks		Iris Knottnerus & Rolf Fronczek
<b>12.30</b>	<b>Lunch</b>		